



Aimee Jex | President
Christa Courtenay | Vice President
Elizabeth Moon | Ross Treasurer
Kathy Esquivel | Secretary

In the seven years since the Welcome Resource Centre (WRC) opened its doors it has been offering breakfast, a mid-day meal, hygiene facilities and a safe space for the homeless and mentally ill population of Belize City. The WRC has over 400 registered participants and hosts 50-60 persons per day.

The Mental Health Association (MHA) was instrumental in founding the WRC to provide social support to the mentally ill and continues to offer guidance and some financial support. The WRC also receives support from the government, businesses, and the community but as you can imagine there is a constant need to find ways to sustain the Centre and expand the services it offers. This is especially true during this COVID pandemic which has not only resulted in severe decline in both government and corporate donations but also limited the help our participants can access individually.

The Mental Health Association sponsors many activities in recognition of World Mental Health Day, October 10 including an annual fund-raising banquet for the WRC. However, because of limitations due to COVID-19 we will instead be holding a Telethon under the theme *Mental Health for All* on World Mental Health Day - Saturday, October 10, 2020 from 10:00am to 4:00pm.

To help us reach our goal of \$25,000 we ask you to pledge generously.

We look forward to your support to continue bringing dignity and comfort to our most marginalized Belizeans.



**MENTAL
HEALTH
ASSOCIATION**

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**Mental Health Association Telethon for World Mental Health Day
Mental Health for All – Greater Investment, Greater Access
Saturday, October 10, 2020 from 10:00am to 4:00pm.**

Pledge of Support

Company or Individual Name: _____

Contact Person: _____

Telephone _____

Email _____

Amount of Pledge \$ _____

Pledges in Belize can be deposited to:

**Heritage Bank (Princess Margaret Drive branch)
Mental Health Association**

Account Number : 0009131310

**Or a check in the name of Mental Health Association can be sent to
our office at address below between the hours of 10:00am and 3:00pm**

International pledges can be made through <https://bzstream.com/mha>

Thank you for your support.